



Discover the Adoray
DIFFERENCE Today

Hospice
Palliative Care
Home Health
Rehab Therapy


HOME HEALTH & HOSPICE
Care Done DIFFERENTLY
adoray.org

ADORAY HOME HEALTH & HOSPICE | 2231 HWY 12, STE 201, BALDWIN, WI 54002 | 800.359.0174

 **Quality Education
for Health Care
Professionals**

IN-SERVICE SOLUTIONS

CEU's
AVAILABLE
UPON
REQUEST

CONSIDER THE CONVERSATION 1: A DOCUMENTARY ON A TABOO SUBJECT

Consider the Conversation is a remarkable, thought-provoking film that looks at many of the issues that we will all face at the end-of-life. It opens the floodgates of thought and conversation on this most difficult and often taboo subject. Everyone is encouraged to watch this important film including physicians, healthcare workers, patients, families and clergy. This film will help us to be better physicians, better nurses, better patients and better people.

CONSIDER THE CONVERSATION 2: STORIES ABOUT CURE, RELIEF AND COMFORT

American medicine's success at fighting disease and extending life has created a new problem. The vast majority of patients can now expect to die in a place (a hospital or nursing home) and in a way (with increased quantity, but reduced quality of life) most wouldn't choose if only asked. Talking about dying, which is as natural as birth, is now taboo and the reality is patients and families are suffering needlessly. *Consider the Conversation 2* explores the effect of American medicine's success on the patient/doctor relationship and sheds light on the important role communication plays in helping both patient and doctor navigate the murky waters of severe chronic disease.

**THE TIME AND CONTENT OF THESE EDUCATIONAL OFFERINGS
CAN BE TAILORED TO SUIT YOUR TIME CONSTRAINTS AND NEEDS.**

**PLEASE CALL ADORAY
EDUCATION MANAGERS
TINA MCLEOD OR
MONICA POLK AT
715-629-1921
TO RESERVE A DATE FOR
YOUR NEXT EVENT.**

ADVANCED CARE PLANNING

Advance care planning is a process of understanding, reflecting on and discussing future medical decisions,including end-of-life preferences. Learn how one can reflect on their values, choose a health care agent, explore goals for treatment, and complete an advance directive. All adults can benefit from thinking about what their health care choices would be if they are unable to speak for themselves.

HOME HEALTH, HOSPICE AND PALLIATIVE CARE. LEARN THE DIFFERENCE

Acquire a better understanding of the criteria and frequent diagnoses for each of our programs. Your staff will gain knowledge of what home health, hospice and palliative care can do in the home and what qualifies an individual to be in each program.

INTRODUCTION TO HOSPICE

Who qualifies for hospice; what services are provided; and what is the referral process? Is hospice a place, or a type of care? Receive an overview of the hospice basics and Medicare criteria as well as common myths about hospice.

PREPARING FOR THE DYING PROCESS

Each person approaches death in their own way, bringing to this last experience their own uniqueness. The experience we call death occurs when the body completes its natural processes of reconciling and finishing. These two processes need to happen in a way which is appropriate to the unique values, beliefs, and lifestyle of the dying person. It is helpful for caregivers to understand what to expect and how to respond in supportive and comforting ways as their loved one transition from life to death.

COMPASSIONATE COMMUNICATION

How do you talk to a dying person and their family? How do you listen? Guide your health care workers throughthe challenges in speaking with and listening to the terminally ill patient and their families.

WORKING TOGETHER IN CARE OF THE DYING

Learn how skilled nursing and assisted living facilities or group homes can work together with hospice to provide comfort care and quality of life by increasing the support network for patients with limited life expectancy.We will discuss how a joint plan of care is achieved and how collaboration provides the patient consistent and comprehensive care.

METHADONE OVERVIEW

Explore the benefits and challenges with methadone use. Methadone use in cancer and non-cancer treatment for pain control is growing, but it is not a medication that should be used without sufficient training. Explore advantages/disadvantages, side effects, contraindications, most common conversion calculations and other considerations when starting or switching to methadone.

PAIN AND SYMPTOM MANAGEMENT

Uncontrolled pain is often a fear for terminally ill patients as well as their caregivers. Frequent reassurance that effective pain control can be achieved is of great comfort. This in-service will discuss the etiology and different types of pain, pain assessment, pharmacologic pain management interventions and evaluation of pain management for the terminally ill patient. Learn about other common symptoms (i.e. nausea, dyspnea, terminal secretions) that often cause discomfort for chronically and terminally ill patients.

ASSESSING AND MANAGING RESPIRATORY SYMPTOMS

Respiratory symptoms are experienced by at least 70% of patients in end stages of life. These symptoms are often overlooked and undertreated. Learn the most common reasons why respiratory discomfort occurs, and how to assess it. Identify common non-pharmacological and pharmacological treatments of these symptoms at the end-of-life.

THE DEMENTIA PATIENT: END OF LIFE CARE AND GUIDELINES

Alzheimer's and dementia are progressive terminal diseases. Unfortunately for many, referral to hospice is often delayed until death is quite near. Alternatively, referrals are made too early forcing patients to be discharged from hospice because they no longer qualify under Medicare guidelines. Learn what Medicare “Guidelines For Appropriateness To Receive Hospice Care” says about hospice admissions for dementia patients. Also learn how to provide comfort care for these difficult-to-assess patients.

COPING WITH GRIEF AND LOSS AS PROFESSIONAL CAREGIVERS

As professional caregivers, we grieve too. Losses encountered in our day-to-day work environment impact us. This in-service discusses the natural grief process and ways that caregiving staff can manage their own grief and support one another. We will also review how to provide care and support to the dying and their loved ones through their grief and loss experience.

CONTROL NAUSEA AT END-OF-LIFE

Nausea is a common symptom for the terminally ill, and can be more distressing to patients than pain. There are methods to control nausea, not only with medications, but with holistic measures. This in-service will explore methods to control nausea, therefore adding to quality of life for patients at end-of-life.

MANAGING COMPASSION FATIGUE AND CAREGIVER BURNOUT

Studies confirm that caregivers frequently suffer from compassion fatigue. Health care workers struggle to function in care giving environments that constantly present heart wrenching, emotional challenges. Provide your workers with strategies to cope with and prevent compassion fatigue.

WOUND CARE

Review current treatments and intervention options from wound vacuums to various dressings. Learn the facts from our Certified Wound Care Specialist about conditions that cause wounds, methods for prevention and intervention options.

OSTOMY MANAGEMENT

Each ostomy is unique. Adoray offers hands on training for staff and/or individual patients with step-by-step instructions to assist them in becoming independent in their ostomy care. Adoray’s Ostomy Management Specialist will provide training in stoma maintenance, placement, supplies and how to troubleshoot problem areas.

BASICS OF COMPLEMENTARY & ALTERNATIVE MEDICINE

The field of complementary and alternative medicine (CAM) can include:

- Energy Therapies which include: Healing Touch, Reiki.
- Manipulative and Body Based Therapies which include: Chiropractic, Massage and Reflexology.
- Mind and Body Therapeutics such as: Art Therapy, Support Groups, Music and Aromatherapy.

Our RN, certified in Aroma Therapy and Healing Touch, will review the basics of CAM and how they can help with healing and comfort.

ENHANCE QUALITY OF LIFE WITH AROMATHERARY

Essential oils can be used to provide relief for many symptoms including: pain, nausea, restlessness and insomnia, among others. Learn the basics of essential oil use, and safety considerations. Our Certified Aroma therapist will provide training on the use essential oils in the clinical setting.

IDENTIFYING AND ADDRESSING SPIRITUAL PAIN AT THE END OF LIFE

Facing death brings to the surface questions about what life is all about. Many find the beliefs and values they have lived no longer seem valid or do not sustain them. Explore the four areas of spiritual pain identified with end of life, specifically feelings of distress, hopelessness, forgiveness, and relatedness.

USING MUSIC AND SPIRITUAL HEALING AT THE END OF LIFE

At end of life, unaddressed elements within our lives may begin to bottleneck and increase anxiety. Music can be a source used to relieve our spiritual distress and calm our emotional center. This in-service will address the spirituality within music and help identify and engage the unrest within our souls as death nears.

VETERANS: HOW THEY DIE DIFFERENTLY

One in four American’s dying today is a veteran. Combat and non-combat experiences can influence a Veteran’s needs. Being knowledgeable about wars and traumas experienced can help professionals understand how Veterans experience end of life.

MANAGING TERMINAL RESTLESSNESS AT THE END OF LIFE

One of the most disturbing symptoms experienced at the end-of-life is terminal agitation and delirium. Studies show that up to 85% of dying patients display some sort of anxiety ranging from mild restlessness to severe delirium. The signs and symptoms displayed in these patients can be quite troubling to family and caregivers. Learn how these challenging symptoms can be managed with both pharmacological and non-pharmacological treatments.

PHYSICAL & OCCUPATIONAL THERAPY TIPS FOR PROFESSIONAL CAREGIVERS

Our specially-trained therapists can offer your team training opportunities in the following areas:

- Fall Prevention
- Fall Risks
- Transfer assistance
- Assist with ambulation
- Use of gait belt and assistive devices with ambulation Lymphedema

ALL IN-SERVICE PRESENTERS ARE EXPERIENCED LICENSED AND/OR CREDENTIALLED IN THE SPECIFIC TOPIC. PRESENTER CREDENTIALS WILL BE PROVIDED AT THE BEGINNING OF THE IN-SERVICE.