

## FREE IN-SERVICE SOLUTIONS

#### TIMING IS EVERYTHING: INTRO TO HOSPICE

Hospice care is a philosophy of care focused on comfort. quality of life, and assisting those nearing the end of life. It is a system of care oriented towards treating pain and other symptoms without curing the illness. Hospice is specialized care for terminally ill patients and their families that primarily takes place in the home. However, it can be provided in assisted living facilities, nursing homes, group homes, within a hospital setting, or wherever you call home. The goal of hospice care is symptom management and support throughout the end of life process. The patient and family/caregivers are considered to be the unit of care, and their needs are addressed by members of the hospice interdisciplinary team. An interdisciplinary approach is used "to deliver medical, nursing, social, psychological, emotional, and spiritual services through a collaboration of professionals and other caregivers, with the goal of making the beneficiary as physically and emotionally comfortable as possible. Hospice is compassionate beneficiary and family/caregiver-centered care for those who are terminally ill and is your Medicare benefit.

### PREPARING FOR THE DYING PROCESS

Each person approaches death in their own way, bringing to this last experience their own uniqueness. The experience we call death occurs when the body completes its natural processes of reconciling and finishing. These two processes need to happen in a way which is appropriate to the unique values, beliefs, and lifestyle of the dying person. It is helpful for caregivers to understand what to expect and how to respond in supportive and comforting ways as their loved one transition from life to death.

PLEASE CALL ADORAY
EDUCATION MANAGER
TINA MCLEOD
715-629-9893
TO RESERVE A DATE FOR
YOUR NEXT EVENT.
Other educational in-services

REQUEST

otner educational in-services can be available per request.

#### ADVANCED CARE PLANNING

Who will speak for you when you can't? Advance care planning is a process of understanding, reflecting on and discussing future medical decisions, including end-of-life preferences.

Learn how to reflect on your values, choose a health care agent, explore goals for treatment, and complete an advance directive. All adults can benefit from thinking about what their health care choices would be if they are unable to speak for themselves.

#### PHYSICAL AND OCCUPATIONAL THERAPY TIPS FOR PROFESSIONAL **CAREGIVERS**

Our specially-trained therapists can offer your team training opportunities in the following areas:

- Fall Prevention
- Fall Risks
- Transfer assistance
- Assist with ambulation
- Use of gait belt and assistive devices with ambulation Lymphedema

#### **USE OF AROMATHERAPY TO ENHANCE QUALITY OF LIFE**

Our certified Aroma Therapist will provide training on the use of essential oils in the clinical setting. Essential oils can be used to provide relief for many symptoms including; pain, nausea, restlessness and insomnia, among others. Learn the basics of essential oil use and safety considerations.

#### **DEMENTIA & HOSPICE:** WHEN IS IT TIME?

Alzheimer's and dementia are progressive terminal diseases. Unfortunately for many, referral to hospice is often delayed until death is quite near. Alternatively, referrals are made too early forcing patients to be discharged from hospice because they no longer qualify under Medicare guidelines.

Learn what Medicare "Guidelines For Appropriateness To Receive Hospice Care" says about hospice admissions for dementia patients. Also learn how to provide comfort care for these difficult-to-assess patients.

# **DEMENTIA**

Persons with dementia interpret the world around them differently than those without dementia. A dementia person's reality slowly changes over time. For families, coworkers, friends and care partners, these changes can be mysterious, unpredictable and unsetting. This experience allows for a real-life experience, to help to better understand what is going on in a dementia patient's mind during an average day.



\*Dementia Live training is available for facility partners that have an active contract with Adoray. The training consists of 4 participants going through the experience every 30 minutes. Limited space available.



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